

supporting people with Adverse Childhood Experiences

ACE Informed Housing

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What are ACEs?

Adverse childhood experiences (ACEs) are some of the most intense, and frequently experienced, sources of stress that children may suffer early in life. They include multiple types of abuse including:

- neglect
- violence between parents or caregivers
- alcohol and substance abuse
- peer, community and collective violence.

Poor outcomes are not inevitable.



ACE Informed Housing Programme

- To engage providers of social homes across Kent & Medway in raising awareness of ACEs and their impact.
- Assist providers and local authorities to form deeper, ACE-informed connections with communities and households leading to greater understanding of childhood adversity as a cause of violence.

Oct – Dec 2020	RAISING AWARENESS	 ACEs, their impact and protective factors Developing positive, trusting relationships Creating an ACE aware workplace
Jan – Feb 2021	LEADERSHIP PROGRAMME	 ACE-informed approaches and systems Moving forward with change ideas Building networks; engaging communities
March 2021	ACE 'CHAMPIONS'	 Frontline staff from KHG members and from tenant groups take part in a 2-3 session ACE Champion programme.





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