

FREE Resident Training Programme 2018-19

Learn to do more

Want to learn new skills?
Build your confidence?
Find out more about living
in your home? Then you may
be interested in attending
one of our training courses.

Our Resident Training Programme covers a wide range of topics to suit different needs – from improving your community to learning more about living in your home and food growing to health and safety.

We also run courses for residents who are members of residents' associations to help them with chairing meetings and organising community events.

Accredited training means you will receive a nationally recognised qualification.

All courses are free to residents of THH, EastendHomes, Gateway, Metropolitan, Newlon Housing Trust, One Housing, Poplar HARCA, Providence Row, Spitalfields, Swan, THCH and Clarion Housing.



"I feel very inspired, confident and motivated to implement what I've learnt in this training in my personal and professional life."

Miss L, Resident



COURSE	DATE	TIME
● Emergency First Aid Training (Accredited)	Saturday 10 November 2018	10am-5pm
● DIY Repairs in Your Home (Women only)	Wednesday 14 November 2018	10am-4pm
● Personal Leadership and Effectiveness - Day 1 of 2	Saturday 24 November 2018	10am-5pm
● Personal Leadership and Effectiveness - Day 2 of 2	Saturday 8 December 2018	10am-5pm
● Level 2 Food Safety & Hygiene (Accredited)	Saturday 15 December 2018	10am-4pm
● Building and Managing Team	Wednesday 9 January 2019	10am-4pm
● Afternoon Bake Off	Saturday 12 January 2019	10am-4pm
● DIY Repairs in Your Home (Mixed group)	Wednesday 23 January 2019	10am-4pm
● Project Management - Day 1 of 2	Saturday 26 January 2019	10am-4pm
● Level 2 Food Safety & Hygiene (Accredited)	Wednesday 30 January 2019	10am-4pm
● Project Management - Day 2 of 2	Saturday 2 February 2019	10am-4pm
● Developing Local Community Actions	Wednesday 6 February 2019	10am-4pm
● Paediatric First Aid Training - Day 1 (Accredited)	Saturday 16 February 2019	10am-5pm
● Paediatric First Aid Training - Day 2 (Accredited)	Saturday 23 February 2019	10am-5pm
● Public Speaking & Presentation Skills	Saturday 2 March 2019	10am-4pm
● Digital Awareness (New)	Wednesday 6 March 2019	10am-4pm
● Organising and Running an Event	Saturday 16 March 2019	10am-4pm
● Community Organising	Wednesday 20 March 2019	10am-4pm
● Emergency First Aid Training (Accredited)	Saturday 30 March 2019	10am-5pm
● Food Growing and Managing a Food Garden	Wednesday 3 April 2019	10am-4pm
● Chairing Meetings (TRA)	Saturday 6 April 2019	10am-4pm
● Paediatric First Aid Training - Day 1 (Accredited)	Saturday 27 April 2019	10am-5pm
● Paediatric First Aid Training - Day 2 (Accredited)	Saturday 4 May 2019	10am-5pm
● Health and Wellbeing (New)	Wednesday 8 May 2019	10am-4pm

COURSE CATEGORIES:

● Personal Development ● Living in Your Home ● Health & Safety ● Improving Your Community

Lunch and refreshments will be provided. To support you in attending a training course we can arrange transport for residents with mobility issues. Please contact us in advance to confirm.



Courses will be held at local venues in Tower Hamlets.
♿ All venues are accessible for wheelchair users.

To apply now scan the QR code or visit:

www.eventbrite.co.uk/o/tower-hamlets-homes-17926371313

For more information contact: ☎ 020 7364 6911

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APPLY
NOW

